

Jul 28: Sacred Pipe Ceremony in the Tipi. Sat, 4:30, barbeque at 6. Join us in ceremony to connect with Spirit, bring positive change into our lives, ask for healing, and pray for "the people". **B&K Silberberg. Please bring food to share for barbeque. \$\$ Donations. Please RSVP.**

Jul 29: Fused Glass Jewelry. Sun, 1-4. Learn to assemble glass for fusing, firing methods, and watch the fusing process for your project. We'll show you how to add the findings to turn them into finished jewelry after they've cooled. **B&K Silberberg. \$50. Must RSVP.**

Aug 2: On Your Moon: The Power of Menstruation and Menopause in Native American Culture. Thurs, 7-9:30 in the Tipi. Learn how other cultures honor the gifts of being a woman to redefine your personal moon time, and see yourself with new eyes. We'll conduct our own ceremony to celebrate the Moon Lodge. **Kate Silberberg. \$30. RSVP.**

Aug 3: Medical Intuitive and Healer, Jerry Wills: Lecture and Public Healing Service. Fri, 7-10. Find out about the abilities and work of this amazing healer and receive a brief healing. First come, first served. **\$50. Must RSVP.**

Aug 4: The Mechanics of Consciousness. Sat, 1-5. A crash course into untapped realms of powerful forces; manifestation, regeneration, seeing/sensing energy, unique healing techniques, & more. **Jerry Wills. \$85. Must RSVP.**

Aug 5-7: Private Healing Sessions with Jerry Wills. Sun, Mon, and Tues starting at 10am. **\$350 for 1hr. session. Call the Mesa to schedule, Jerry for info: 602-604-0212.**

Aug 5: 13 Clan Mothers Meeting. See July 1 listing.

Aug 5: Create a Finger Labyrinth. Sun, 2-5. Create a table labyrinth on sturdy foamcore board using a variety of materials to construct the pathways, such as colorful yarn, cord, dried beans, lentils. Decorate yours with paint, collaged magazine photos, etc. **K&B Silberberg. \$45. RSVP.**

Aug 9: Tipi Teachings. Thurs, 7-9 in the Tipi. Come see the Mesa's new tipi, sit inside of it, and learn some of history, cultural significance, and valuable life lessons that it embodies. **K&B Silberberg. \$20. Please RSVP.**

Aug 10: First Aid for Empaths. Fri, 7-9:30. Learn to work with this spiritual gift of feeling people's energy and emotions. Learn sensing w/o absorbing, energy system hygiene, alternatives to "shielding". **B&K Silberberg. \$30. RSVP.**

Aug 11: Making Cherokee Shaman Rattles. Sat, 1-4. Make a pair of unique and powerful shaman rattles from sticks, brass bells, and bone hairpipe beads. We'll help you assemble them and lead a ceremony to spiritually awaken our rattles. **B&K Silberberg. \$50. Please RSVP.**

Aug 12: Sweat Lodge Ceremony. Sun. See July 11.

Aug 16: Vision Lodge. Thurs, 7-9:30 in the Tipi. Join us and the new beginnings energy of the New Moon to ask for a vision to help not only ourselves, but "the people". **B&K Silberberg. \$\$ Donations. Please RSVP.**

Aug 17: How Your Spiritual Path Was Planned. Fri, 7-9:30. Join a gifted psychic as he addresses the process of planning a lifetime before we incarnate and leads us on a meditative between-lives journey. Get a mini-reading to help you understand what you planned for this time around, and why. **Paul Meidinger. \$35. Must RSVP.**

Aug 18: Making Native American Drums. Sat, 1-5. Make a frame drum in a sacred manner from maple hoop and Elk rawhide to use for ceremony, prayer, healing, or to reconnect with yourself. **Silberbergs. \$110. RSVP by 8/3.**

Aug 19: Native American Drumming Circle. Sun, 3-5 in the tipi. Join us for an afternoon of sacred drumming, call and response rhythms, a little singing, and some fun. **B&K Silberberg. \$\$ Donations. Please RSVP.**

Aug 23: Intro to Essential Oils. Thurs, 7-9:30. Learn about single or blended oils for first aid, emotional support, energy balancing, and for healing ailments. Experience the effects of different oils on your physical, emotional, and mental aspects. **Kate Silberberg. \$30. Please RSVP.**

Aug 24: Open Percussion Circle. Fri, 7-9. Bring any and all drums and we'll drum together to raise our spirits, boost our energy, relax, and have fun. **Bob Miller. \$15. RSVP.**

Aug 25: Reiki II. Sat, 10-4. 2nd level of energy healing. Symbols & distance healing. **B. Silberberg. \$145. RSVP.**

Aug 25: Tobacco or Cornmeal Offering Pouch. Sat, 1-4. Make and decorate a leather pouch to carry tobacco, cornmeal, or other offerings. **K. Silberberg. \$45. RSVP.**

Aug 26: Making Animal Spirit Figures. Sun, 1-4. Create an Animal Spirit effigy from natural materials like leather, bone, wood, or feathers to act as a connecting point with your Animal Spirit Helpers. **K&B Silberberg. \$45. RSVP.**

Aug 30: Crystal Energy. Thurs 7-9:30. Learn to awaken and use the energy and wisdom of your rocks and crystals. We'll discuss mineral identification, healing and manifesting uses, clearing of crystals, and more. **B&K Silberberg. \$30.**

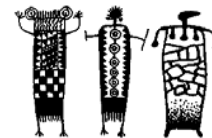
Aug 31: Blue Moon Celebration. Fri, 7-9. Join us in the Medicine Wheel, or tipi (depending on weather) to honor the sacred feminine, rising energy, and Grandmother moon. Drum, connect with the Natural World, and have fun. Bring snacks. **K&B Silberberg. \$\$ donations. RSVP.**

Meditation Circle Wed eves at 7pm for relaxing, energizing, & healing.

Mesa Gift Shop-- open before classes and:

**Fri, Noon-7pm
Sat & Sun, Noon-4**

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The Mesa Creative Arts Center



Summer 2012 classes

30 Miller Business Park Dr.

Burgettstown, PA 15021

(724) 947-3097

bradandkate@mesacreativearts.com

For updates, expanded info, and directions,
visit "The Mesa" on the web:

www.mesacreativearts.com

Jun 5: Venus Transit Ceremony. Tues, 4-8:30. Picnic 7pm. Learn about this celestial phenomenon, participate in a Maya Fire Ceremony, and witness this last-in-our-lifetime event. **M. Sague, V. Hanchin, B&K Silberberg. Donations RSVP.**

Jun 6: Book Signing, Intenders Circle with Author Tony Burroughs. Weds, 7-9:15 Apply the Law of Agreement, take part in an Intenders Circle, hear uplifting intention stories, become self empowered, and have fun. **\$25. RSVP.**

Jun 7: Exploring Past Lives. Thurs, 7-9:30. Learn about the cycle of birth, death, and rebirth we have all experienced. Included will be a guided group past life journey to recall part of your past. **Brad Silberberg. \$30. Please RSVP.**

Jun 8: Healing Your "Pain Body". Fri, 7-9:30. Learn more about the pain body, how to perceive your own, and those of others. We'll help you with some Kinesiology and a Guided Head Movement healing to release some or all of this burdensome energy. **B&K Silberberg. \$30. Please RSVP.**

Jun 9: 3 Rivers Holistic Healing Festival. Sat, 10-7. We'll offer Seashell readings, our great gift shop items, and lead a Native American drumming circle. **Friends Meeting House, 4836 Ellsworth Ave, Pitts, PA 15213. \$10 412-343-3572.**

Jun 10: Seashell Divination and Healing Lecture and Mini Readings at Scribe in Shadyside. Sun, Noon-2. See their new seashell greeting cards. **731 1/2 Filbert St. Pittsburgh, PA 15232. 412-682-1644 for info, directions.**

Jun 10: Glass Bead Making. Sun, 10-4. Learn to make beautiful beads from hot glass with a special torch and colored glass rods. **Brad Silberberg. \$100. Must RSVP.**

Jun 14: Working With Tuning Forks. Thurs, 7-9:30. Use tuning forks to heal, relax, energize, and balance. Work with Solfeggio forks, Otto tuners, Brain tuners, and more. Get a mini sound healing. **B&K Silberberg. \$30. RSVP.**

Jun 15: Medical Intuition. Fri, 7-9:30. Learn about psychically seeing/sensing into someone's body and energy to check their physical health. Get a mini-reading about your own medical intuitive abilities. Engage in exercises to open and use them. **Paul Meidinger. \$35. Must RSVP.**

Jun 16: Peruvian Shamanic Soul Retrieval. Sat, 10:30-4. Natural forces, energy imbalances, and strong emotions can result in losing soul essence and spiritual power or illness. Join us to learn to recover lost soul light from a shamanic perspective. **Amaru Li. \$125. Must RSVP.**

Jun 17: Inca Medicine Drumming Circle. Sun, 3-5. Learn the ancient techniques of healing with vibrational energy through drumming. Use them to access the reality of the unseen for healing purposes. **Amaru Li. \$25. Must RSVP.**

Jun 20: Summer Solstice Medicine Wheel Ceremony. Weds, ceremony at 6:30, potluck dinner at 8. Join us in a Native American based ceremony to connect with the natural world and helping spirits, greet the coming of Summer, express gratitude, and ask for help. Bring a covered dish to share. **B&K Silberberg. \$\$ Donations. Please RSVP.**

Jun 21: Sawdust Fired Pottery Session 1. Thurs, 6:30-9:30. Make simple pinch pots, animal figures, masks, smudge bowls, and other objects from low-fire Raku clay to fire in our low-tech trashcan kiln. **(Firing scheduled for August 19th) B&K Silberberg. \$45. RSVP.**

Jun 22: Introduction to Cherokee Bodywork. Fri, 7-9:30. Learn about this Native American healing technique using touch, movement, pressure, rocking, shaking, and the Cherokee emphasis on breath as a means to restore Spirit to all parts of the body. **B&K Silberberg. \$40. Please RSVP.**

Jun 23: Make a Tibetan Prayer Wheel. Sat, 1-4. Learn about Tibetan prayer wheels and make your own table top wheel from recycled materials. We'll supply the copies of the mantra and other sacred components, printed out on paper for you to connect and wind inside of your wheel, and help you decorate it. **B&K Silberberg. \$45. Please RSVP.**

Jun 24: Make a Drum Beater/Drum Birthing. Sun, 1-4. Make a drum beater from a stick and stitched leather or fleece head. We'll end with a sacred ceremony to call in the Spirits of our drums. **B&K Silberberg. Beater making: \$25. Suggested donation for Birthing: \$10+. Please RSVP.**

Jun 28: Sacred Geometry. Thurs, 7-9:30. Find out how Sacred Geometry's tenants can be used to promote healing and generate energy you can use in your own life. We'll play with 2 and 3 dimensional constructions to feel their effects. **Brad Silberberg. \$30. Please RSVP.**

Jun 29: Djembe Jam Drumming Circle. Fri, 7-9. Join drum circle facilitator, **Bob Miller**, for some hand drum instruction, call and response practice, and jammin' fun! Bring your African hand drums. We'll share our Djembes and rhythm toys. **Suggested donation: \$15 (or more). RSVP.**

Jun 30: Rebuilding the Mesa Sweat Lodge. Sat, 10-? (Weather permitting) Lend a hand to renew our Mesa purification Lodge for All Our Relations. **B&K Silberberg. \$\$ Donations. Work clothes and sturdy shoes. RSVP.**

Jul 1: 13 Clan Mothers Meeting. (Men welcomed.) Sun, 11-1. Join this monthly circle in self discovery through Native American teachings. **Kate Silberberg. \$Donations.**

Jul 1: Making Gourd Rattles. Sun, 2-5. Make a ceremonial or healing rattle from a dried gourd and a stick you select, then decorate it with paint, woodburning, feathers, leather, beads, etc.. **K&B Silberberg. \$45. Please RSVP.**

Jul 4: Independence Day. No Meditation Circle.

Jul 6: Healing with Flower Essences. Fri, 7-9:30. Vibrational remedies can help us resolve specific emotional, mental, spiritual, and even physical problems. Learn how flower essences are made, how they work, and how they might be able to help you. **Brad Silberberg. \$30. RSVP.**

Jul 7: Sweat Lodge Ceremony. Sat: prep at 11am, fire lit at noon, ceremony 2pm. **Potluck after.** Go into the Lodge for purification, prayer, healing of body, mind, and spirit. **B&K Silberberg. \$\$ donations. Must RSVP. Call for info.**

Jul 8: Making Native American Drums. Sun, 1-5. Make a frame drum in a sacred manner from maple hoop and Elk rawhide to use for ceremony, prayer, healing, or to reconnect with yourself. **Silberbergs. \$110. Must RSVP by Jun.25.**

Jul 12: Choices, Consequences, and The Chakras. Thurs, 7-9:30. Learn how your chakras work with your choices and their consequences to better understand what you experience. Detect impediments, find ways to improve your life's flow. **B&K Silberberg. \$30. Please RSVP.**

Jul 13: Spirit Art. Fri, 7-9:30. Work with basic art materials and simple methods to connect with your Higher Self, tap into Universal Wisdom, bring through messages and healing. Receive a brief reading of your creative abilities and where you're blocked. **Paul Meidinger. \$35. Must RSVP.**

Jul 14: Make a Hypertufa Planter or Garden Sculpture. Sat, 1-4. Use this lightweight substitute for stone made from cement, peat moss, and perlite to cast planters for flowers, mold garden sculptures. **B&K Silberberg. \$45. RSVP.**

Jul 15: Reiki I. Sun, 10-5. Get an attunement, and experience being an energy healer as you connect to this gentle way of bringing change and healing into your life and the lives of others. **Brad Silberberg. \$120. Must RSVP.**

Jul 15: Plastic Bag Crochet. Sun, 1-4. Crochet plastic bags into purses or carrier bags. Learn methods to construct different shapes, patterns, add handles. **Kate Silberberg. \$45. Bring a K/10-1/2 crochet hook, plastic bags. RSVP.**

Jul 19: Seashell Divination. Thurs, 7-9:30. Learn to identify seashells and find out their specific messages. Get a mini-reading with the shells. Bring your own shells for identification and insight into why they are special and have chosen *you*. **Kate Silberberg. \$30. Please RSVP.**

Jul 20: Tie Dye Time. Fri, 7-9. For adults and children. Bring 2 white 100% cotton T-shirts that you'll twist and fold up to dip in or squirt with colored dyes to make one-of-a-kind garments. **K&B Silberberg. \$30. Please RSVP.**

Jul 21: Sawdust Fired Pottery Session 2. Sat, 1-4. **See 6/21 listing. Please RSVP.**

Jul 22: Springhill Marriott Spirit Fair. Sun, 11-5. We'll offer seashell readings, tuning fork healings, and sell our great gift shop items. **Admission: \$5. Readings/healings: \$25/20 min. For info call Jean Haller, 412 681-8755.**

Jul 26: Energy Sensing Basics. Thurs, 7-9:30. Connect with your ability to sense, understand, and correlate the energy of rocks and crystals, people's bodies and emotions, plants, and more. **B&K Silberberg. \$30. Please RSVP.**

Jul 27: Consciousness, Communication, and Telepathy. Fri, 7-9:30. We communicate not only in words, but also telepathically, more so as our level of consciousness-- our *awareness* rises. Join us to learn about your telepathic sensing abilities and engage in exercises to open and expand them. **B&K Silberberg. \$30. Please RSVP.**