

**Oct 28: Peruvian Shamanism Workshop.** Fri, 7-9. Check our website for topic & details. Amaru Li. \$20.00 RSVP.

**Oct 29: Peruvian Shamanism Workshop.** Sat, 10:30-4. All day shamanism workshop with Amaru Li. \$125. Check our Website for details. Must RSVP.

**Oct 30: Peruvian Despacho/Fire Ceremony.** Fri, 7-9:30. Re-create your universe using representative ingredients infused with intentions and thanks. We'll burn them in fire ceremony (outside), sending the offerings to Mother Earth to be answered. Amaru Li. Suggested donation: \$15. RSVP.

**Nov 4: Medical Intuitive and Healer, Jerry Wills: Lecture and Public Healing Service.** Fri, 7-10. Find out about the abilities and work of this amazing healer and receive a brief healing. First come, first served. \$50. Must RSVP.

**Nov 5: The Mechanics of Consciousness.** Sat, 1-5. A crash course into untapped realms of powerful forces; manifestation, regeneration, seeing/sensing energy, unique healing techniques, & more. Jerry Wills. \$85. Must RSVP.

**Nov 6: 13 Clan Mothers Meeting. (Men welcomed.)** Sun, 11-1. Join this supportive circle in self discovery through Native American teachings. Kate Silberberg. Donations.

**Nov 6: Smudge Feathers and Fans.** Sun, 1-4. Learn about smudging and ritual use of feathers while you construct and decorate a smudging feather or fan. Finish it with deer hide, beads, horse hair, or crystals. The Silberbergs \$45. RSVP.

**Nov 10: Native American Healing Circle.** Thurs, 7-9:30. Healing together is powerful. Join with us as we smudge, drum, rattle, sing, and share Native American healing methods. The Silberbergs. \$ Donations. RSVP.

**Nov 11: 11:11:11 Meditation.** Fri, 7-9. Come for a special meditation to envision Lightworkers everywhere joining together to bring the final phase of transition for our planet to a place of peace and harmony, where spirituality prevails. The Silberbergs. Donations. RSVP.

**Nov 12: Gong Healing.** Sat, 2-4. Relax for an immersive experience with gongs, crystal bowls, bells, chimes, tuning forks and singing bowls played live to tone you into deep healing and meditative states. The Tamburos. \$25. RSVP.

**Nov 13: Animal Speake: Totems.** Sun, 1-5. Find out about your Animal Guides and connect with one or more of them for help. Learn how to work with their gifts and spiritual energies. Attendees will receive totem animal messages through the teacher. Diana Harris. \$40. Must RSVP.

**Nov 17: Setting and Using Altars.** Thurs, 7-9:30. Learn how to use altars to add focus and power to ceremonies of devotion, manifestation, and empowerment. We'll create an altar and use it for a brief ceremony so you will be able to make your own. Kate Silberberg. \$30. RSVP.

**Nov 18: Mediumship.** Fri, 7-9:30. Mediums bring through messages from the spirits of the departed in order to aid the living. Expand your abilities and practice with classmates. Includes brief reading. Paul Meidinger. \$30. Must RSVP.

**Nov 19: Beginning Blacksmithing.** Sat, 10-4. Learn the art of blacksmithing and the basics of hand forging metals with fire and anvil. Brad Silberberg. \$85. Must RSVP.

**Nov 19: Machine Felting.** Sat, 1-4. Make a cell phone case, credit card holder, change purse, or small pouch from felt, yarn, ribbon, and other fibers with our needle felting machine without sewing. Finish your project with buttons, beads, feathers, etc. Kate Silberberg. \$45. RSVP.

**Nov 20: Making Drum Beater/Drum Birthing Ceremony.** Sun, 2-5. Make a drum beater from a stick and stitched leather or fleece head. We'll end with a sacred ceremony to call in the Spirits of our drums. The Silberbergs. Beater making: \$25. Donation for Birthing: \$10. RSVP.

**Nov 26: Glass Bead Making.** Sat, 10-4. Learn to make beautiful beads from hot glass with a special torch and colored glass rods. Brad Silberberg. \$95. Must RSVP.

**Nov 26: Rainbow Tribe Chakra Bracelet.** Sat, 1-4. Learn what resonates with the chakras and make a healing bracelet. Use rainbow colored glass pony beads, stone, glass, bone, wood, etc. Kate Silberberg. \$45. RSVP.

**Nov 27: Fused Glass Jewelry.** Sun, 10-4. Learn the art of glass fusing; heating stacked pieces of glass in a kiln so they meld into one. Create 2 small pieces using shimmering dichroic glass. When cooled, glue on the findings to turn them into pendants. The Silberbergs. \$90. Must RSVP.

**White Light Group, Tuesdays, 7pm.  
Hands-on Spiritual Healing. By donation.**

**Meditation Circle Wednesday eves at 7pm  
for relaxing, energizing, & healing.  
(No Fee. Your donations help us continue  
our healing work.)**

**Mesa Gift Shop-- open before classes and:  
Friday, Noon-7pm  
Saturday & Sunday, Noon-4pm**



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# The Mesa Creative Arts Center



*Fall 2011 classes*

**30 Miller Business Park Dr.  
Burgettstown, PA 15021  
(724) 947-3097**

[bradandkate@mesacreativearts.com](mailto:bradandkate@mesacreativearts.com)

For updates, expanded info, and directions,  
visit "The Mesa" on the web:

[www.mesacreativearts.com](http://www.mesacreativearts.com)

**Sept 2: Djembe Drumming Circle.** Fri, 7-9. Bring your African Djembe, hand drums, or rhythm instruments. **The Silberbergs. Contribution: \$10. Please RSVP**

**Sept 3: 13 Clan Mothers Meeting. (Men welcomed.)** Sat, 11-1. Join this supportive circle in self discovery through Native American teachings. **Kate Silberberg. Donations.**

**Sept 3: "Bead Here Now" Beading Circle.** Sat, 2-5. Join us to "bead our blessings" into pieces of wearable art that celebrate our shared experience. We'll share, trade, or give away what we bead in spontaneous acts of generosity and prosperity. **Kate Silberberg. Contribution: \$45. RSVP.**

**Sept 8: Energy Sensing Basics.** Thurs, 7-9:30. In this experiential workshop, you'll learn tried and true methods to connect with your ability to sense the energy of rocks and crystals, people, plants, etc. **The Silberbergs. \$30. RSVP.**

**Sept 9: Aura Workshop.** Fri, 7-9:30. Explore the aura through a variety of senses to find your way of sensing the energy field around the body. Have your aura read by the teacher to determine what it reveals about you. Take part in exercises to clear the aura. **Paul Meidinger. \$30. RSVP.**

**Sept 10: Craft Demonstrations.** Sat, noon-5. Come and watch as Kate Silberberg demonstrates making and decorating leather medicine bags. Brad Silberberg will demonstrate antler carving. **FREE /Donations.**

**Sept 11: Drum Making Demonstration, Brooke Co. Fair.** Sun, noon-6. We're demonstrating making Native American frame drums, conducting drumming circles, and talking about Native culture. **Brooke Hills Park, 140 Gist Drive, Wellsburg, WV 26070. Free. <http://brookecountyfair.org/>**

**Sept 15: Making Blessing Scrolls.** Thurs, 7-9:30. Make a Blessing Scroll with a prayer or invocation for yourself or a loved one. We'll hold a ceremony together to bless and activate our scrolls. Inspired by the book: *Make Your Own Angel Blessing Scrolls*. **Kate Silberberg. \$30. RSVP.**

**Sept 16: Native American Drum & Flute Meditation.** Fri, 7-9. Learn the shamanic, healing, and spiritual use of drums, flutes, and rattles. We invite you to then lay down, relax, and enjoy a long meditation with live music, rhythms, and healing sounds provided by **The Silberbergs. \$25. RSVP.**

**Sept 17 & 18: Red Eagle Pow Wow.** Sat & Sun. Drumming, dancing, food, vendors. We'll be closing The Mesa to attend on Saturday. **Heritage Park, Noblestown Rd., McDonald PA 15057 Free admission.**

**Sept 18: Harmony Ridge Spirit Fair.** Sun, noon-6. We'll offer Seashell Divination readings, Tuning Fork sound healing, & Energy Healing. **Readings/healings: \$20/20min. Location: 1280 Breitenstein Road, Ambridge, PA 15003.**

**Sept 22: Turning Heads, Changing Lives.** Thurs, 7-9:30. Learn this new release technique that uses Kinesiology and guided head movements. Receive a mini session to let go of one or two inner "NO!'s" that are causing fear, bringing hurt, or blocking success. **The Silberbergs. \$30. RSVP.**

**Sept 23: Fall Equinox Medicine Wheel Ceremony. (Kids Welcome)** Fri, 6:30-9. Join us in a Native American based ceremony to connect with the forces of Nature, greet the coming of autumn, express gratitude, and ask for health and help. Bring a covered dish to share for a pot luck dinner inside after the ceremony. **The Silberbergs. \$\$ Donations.**

**Sept 24 & 25: Three Rivers Pow Wow.** Sat & Sun, noon-7. We're closed on Sat 9/24 to attend this event. Drumming, dancing, food, and vendors. **Location: 120 Charles Street, Pittsburgh, PA 15238 (Dorseyville) \$6, under 12, \$4.**

**Sept 25: Vine Basket Making.** Sun, 1-4. Learn the basics of making baskets from vines, slender branches and other materials from Nature. Weave a small rustic basket of your own. **Brad Silberberg. \$45. Must RSVP .**

**Sept 25: Fiber Art Exhibit, Demo, & Sale.** Sun, 1:30-4:30. Kate Silberberg will be demonstrating machine needle felting and selling some of her fiber artwork at this event at one of UPMC's senior communities. **Location: 700 Cumberland Woods Dr. Allison Park, PA 15101. Free. 412-635-8080.**

**Sept 29: Disconnecting Cords/Energy Vampires.** Thurs, 7-9:30. Learn about psychic cords and energy vampires, how to detect them; practical, ethical, and humane ways to disconnect from them. **The Silberbergs. \$30. RSVP.**

**Sept 30: Dowsing Rods.** Fri, 7-9:30. Dowsing rods can help us detect subtle energies, check chakras and auras, and find underground water, ley lines, or vortexes. Make your own set of brass and copper L-rods with us and learn how to dowse with them. **Brad Silberberg. \$35. RSVP.**

**Sept 30: Needle Felting Machine Demonstration.** Fri, 6-9. Kate Silberberg, will be demonstrating the Babylock needle felting machine at the **Love of Sewing Retreat. Location: The Rivers Casino, 1000 Reedsdale St. Pittsburgh, PA 15212. [www.gloriahornesewingstudios.com](http://www.gloriahornesewingstudios.com)**

**Oct 1: 13 Clan Mothers Meeting. (Men welcomed.)** Sat, 11-1. Join this supportive circle in self discovery through Native American teachings. **Kate Silberberg. Donations.**

**Oct 1: Craft Demonstrations.** Saturday, 2-4pm. Come and watch as **Kate Silberberg** demonstrates Native American loom beadwork. **FREE/Donations.**

**Oct 1: Mantra Meditation with Crystal Bowls.** Sat, 4:30-6:30. We will chant a mantra for 31 minutes to help body, mind, spirit. We'll close with a long relaxation with crystal bowls. **Kendall Romanelli & Brad Silberberg. \$25. RSVP.**

**Oct 2: Open House and Spirit Fair.** Sun, noon-6. Visit The Mesa to tour our Center, shop for holiday presents, or sit in the Medicine Wheel. Get an energy, tuning fork, card, seashell, or psychic reading from a whole crew of talented readers and healers. **Readings and healings: \$20/20 min.**

**Oct 6: Mandala Drawing.** Thurs, 7-9:30. Create and use Mandalas for personal centering, healing, and expansion. We'll look at examples from around the world to create and color our own. **Kate Silberberg. \$30. Please RSVP.**

**Oct 7: Activating Creative Talents.** Fri, 7-9:30. Find out about your hidden creative gifts. Work with energy and practical techniques to activate and actually USE them. We'll engage our talents to strengthen our connection with them in class time practice. **Paul Meidinger. \$30. Must RSVP.**

**Oct 8-9: Universal Light Expo.** Sat, 9-8, Sun, 10-6. Rocks and crystals, books, healing tools, readers, healers, seminars, food, and more. We're closing the Mesa on Sat 10/8 to attend. **Veterans Hall, Columbus, OH. \$10/day.**

**Oct 9: Making Medicine Bags.** Sun, 1-4. Make your own small leather Medicine Bag to carry or wear around your neck for special rocks, keepsakes, or sacred objects. Choose a sewn or laced design. Personalize your creation with beads and feathers.. **The Silberbergs. \$45. RSVP.**

**Oct 13: "Healer 101".** Thurs, 7-9:30. Learn to assess your client's energy, emotions, issues, and likely causes of dis-ease. Learn where to start, what to ask, how to listen, be confident, relax, really help. **The Silberbergs. \$30. RSVP.**

**Oct 14: "The Exquisite Zodiac"** Fri, 7-9:30. Learn better how to handle your mate, your children, your boss, etc, as Astrologer, Rick DiClemente previews his soon to be released book, "The Exquisite Zodiac: *Why the Signs Are the Way They Are*". **Rick DiClemente. \$35. Must RSVP.**

**Oct 15: Developing Your Intuitive and Healing Abilities.** Sat, 1-4. Learn special breathing techniques for self exploration. Relax, let go, raise your respiration rate, get more fully into your body, release old patterns, and open to higher consciousness. **Chris & Paula Easton. \$40. RSVP.**

**Oct 16: Making Native American Drums.** Sun, 1-5. Make a hand drum in a sacred manner from maple hoop and Elk rawhide to use for ceremony, prayer, healing, or to reconnect with yourself. **The Silberbergs. \$95. Must RSVP by 10/3.**

**Oct 20: T. E. (The Energy)** Thurs, 7-9:30. Re-awaken, recognize, sense, and direct this wonderful loving energy for helping yourself and others with one simple exercise. We'll practice working with it to strengthen the flow and help each other with our healing. **The Silberbergs. \$30. RSVP.**

**Oct 21: Rock & Crystal Show & Sale with Ken Harsh.** Fri, 3-8. Find the stones you need to help you and spend time with this delightful world traveler. **Admission is free.**

**Oct 22: Create Your Own Sacred Sites.** Sat, 10-5. Learn the seven keys of temple building so that you can set up a working energetic sacred site in your own home, garden, or on an altar. You'll gain practical experience as we build an indoor sacred site together and engage in an empowering ceremony to activate it. **Ken Harsh. \$85. Must RSVP.**

**Oct 23: Spirit Fair at the Springhill Marriott.** Sun, 11-5. We'll be offering seashell readings, energy healings on the Biomat and sell some of our great collection of rocks and crystals, TC Energy Design water carafes, and handmade crafts. **Admission: \$5. Readings/Healings: \$30/20min.**

**Oct 27: Possible class w/ Amaru Li. Check our website.**